

圓覺經 與 禪修的基本原則

The Sutra of Complete Enlightenment and
the Fundamental Principle of Chan Practice

於無了知不辨真實。
○

住妄想境不加了知。
○

於諸妄心亦不息滅。
○

居一切時不起妄念。
○

圓覺經句

At all times, do not give rise to deluded thoughts.

[Yet] when deluded mentalities [arise], do not extinguish them.

Amidst deluded perceptions, do not add any discrimination.

When in [the state of] non-discrimination, do not distinguish it as being real.

- From the Sutra of Complete Enlightenment